

North East Institute of Social Sciences and Research
(NEISSR)

Paper: BSW-103

Title: Understanding Indian Society

Semester Teaching Plan

Official Address: 7th Mile, Chümoukedima, Nagaland – 797103

Teaching Plan

- Course Summary
- Expanded Course Description
- Teaching and Evaluation
- Class Schedule and Reading

Course Summary

Paper Number: BSW-103

Paper Title: Understanding Indian Society

Semester & Year: First Semester, 2025

Instructors: Ms. Elizabeth Pojar

Class hours: 10:30-11:30 AM

Course Description: Understanding Indian Society consists of five units. This course will introduce the students to express conceptual differences between society and culture. The course is designed to help students have clear understanding of the dynamic functions of social institution, structure and system of the Indian society.

Course Objectives:

- To understand the concept of society, social institutions and social dynamics
- To gain insight into the Indian society, the changes therein and its problems
- Understanding the importance of social institution for analyzing social problem

Teaching Methods: Lecture and Discussion, Recapitulation, Presentation, teach back session, group discussion, Question and answer session, buddy system, brainstorming, debate, storytelling, motivational talk and role play

Class Participation: Recapitulation, Presentation, teach back session, group discussion, Question and answer session, buddy system, brainstorming, debate, storytelling, motivational talk and role play

Assignments and Evaluation

The criterion for evaluation of the course is as follow

• University Examination (External)	70 Marks
• Internal Assessment	30 Marks
1. Written Internal Test	20 Marks
2. Assignment	05 Marks
3. Class Participation and attendance	05 Marks
Total 100 Marks	

FACE SHEET/COVER PAGE OF THE ASSIGNMENT

Name of the student:

Semester and year: First, 2025

Paper No. BSW-103

Paper Title: **Understanding Indian Society**

Category of assignment: Individual or Group

Types of Assignment

1. Research Project
2. Documentation
3. Role-plays/PPT presentation

Title of the Assignment

Name of the Course Teacher

Date of Submission_____

CLASS SCHEDULE AND READINGS

May WEEK 5 (Date 29 –30)

(UNIT 1)

- Concept of society – definition, major elements of society

June WEEK 1 and 2 (Date 02 –14)

(UNIT 1)

- Concept of society – definition, major elements of society, individuals, groups, association and institutions
- Definition, characteristic & function of culture

July WEEK 3, 4 and 5 (Date 17 –31)

(UNIT 1)

- Social process: competition, cooperation, conflict, accommodation and assimilation

(UNIT 2)

- Social Institutions – meaning, structure and functions
- Social control: concept and importance
- Agencies of social control – family, state, educational institutions, religion and administration.

August WEEK 1,2,3,4 & 5 (Date 01 –31)

(Unit 3)

- Urban social problems – concept, problems of socialization and isolation, juvenile delinquency, child labour, prostitution, alcoholism, drug addiction, problems of housing and slums
- Rural social problems – concept, illiteracy, poverty, unemployment, untouchability, exploitation and bonded labour, caste dominance and communal riots

September Week 1,2,3,4 & 5(Date 01-30)

(Unit 4)

- Meaning, concept and process of social change
- Theories of social change
- Urbanization, industrialization, modernisation, westernization, sanskritization, secularization

October WEEK 1,2,3,4&5 (Date 1 –30)

(Unit- 5)

- Meaning & concept
- Gender analysis, conflict analysis framework,
- PRA – concept and tools of PRA

November

- Revision
- Discussion on elected topics according to the suggestion of the students
- Evaluation and Feedback

SUGGESTED READING LIST

- Ahuja, Ram. (1993). Indian Social Systems. New Delhi: Rawat Publications.
- Dube, S.C. (1990). Society in India. New Delhi: National Book Trust.
- Giddens, Anthony. (2001). Sociology. Polity: Cambridge Press.
- Johnson, M.M. (1993). Sociology. A Systematic Introduction. New Delhi: Allied Publishers Ltd.
- Kingsley, Davis. (1995). Human Society. New Delhi: Surjeet Publications.

North East Institute of Social Sciences and Research
(NEISSR)

Paper: BSW 104

Title: Methods of Social Work

Semester Teaching Plan

Official Address: 7th Mile, Chümoukedima, Nagaland – 797103

Teaching Plan

- Course Summary
- Expanded Course Description
- Teaching and Evaluation
- Class Schedule and Reading

Course Summary

Paper Number: BSW104

Paper Title: Methods of Social Work

Semester & Year: BSW Ist Semester 2025

Instructors: Ms. Bokatoli Kinimi Z

Class hours: 1 Hr

Course Description:

This course provides an overview of the core methods and techniques used in social work practice. Students will explore the theoretical foundations of methods of social work. Through this course, students will gain a deeper understanding of the principles and practices of methods of social work, as well as the skills and knowledge needed to apply these methods effectively in a variety of settings

OBJECTIVES

- To introduce all the methods in Social Work
- To enable the students to have knowledge on techniques in all the methods of Social Work
- To develop the skills needed in all the methods of Social Work

COURSE OUTCOMES

- Students learn to solve the psycho-social problem of a individual
- Students learn to construct interplay of personalities
- Students learn to investigate, mobilizing resources and address the need of a community
- Prevent and evaluate the solution to the mass problem in society

Teaching Methods

Lectures, class room discussions, Class activity, Role-play, PowerPoint presentations, Videos, recapitulation, question and answer round, presentations by the students & practical exam.

Class Participation:

Recapitulation, group discussion, group & Individual assignment, Question and Answer Round.

Assignments and Evaluation

The criterion for evaluation of the course is as follow

- | | |
|---------------------------------------|----------|
| • University Examination (External) | 70 Marks |
| • Internal Assessment | 30 Marks |
| 1. Written Internal Test | 20 Marks |
| 2. Assignment | 05 Marks |
| 3. Class Participation and attendance | 05 Marks |

Total 100 Marks

CLASS SCHEDULE

MONTH /WEEK

June Week I & II- Unit 1: Understanding social work methods

- Methods - concept and meaning
- Primary methods of Social Work
- Secondary methods of Social Work

July Week III & IV- Unit 2: Social Case Work

- Definition, objectives, scope, principles
- Components, phases

August Week I- Unit 2: Social Case Work & Unit 3 Social Group Work

- Roles of a case worker
- Definition, objectives, scope, principles

August Week II & III- Unit 3 : Social Group Work

- Types of social groups and stages of group work
- Roles of a group worker

September Week I- Unit 4 : Community Organization

- Definition, objectives, scope, principles
- Steps in community organisation

September Week II & Week III - Unit 4: Community Organization & Unit 5: Social Action

- Roles of a community organizer
- Definition, objectives, scope, principles

September Week IV - Unit 5: Social Action

- Strategies and techniques of social action
- Roles of a Social Worker in social action

October Week I & II- Presentation

October & November

- Revision
- Discussion on elected topics according to the suggestion of the students
- Evaluation and Feedback

FACE SHEET/COVER PAGE OF THE ASSIGNMENT

Name of the Student:

Semester and year: BSW Ist Semester

Paper No. : BSW104

Paper Title: Methods of social work

Category of Assignment: Individual

Types of Assignment

1. PPT presentation
2. Reflection

Title of the Assignment:

Name of the Course Teacher: Ms. Bokatoli Kinimi Z

Date of Submission: September Week- IV

SUGGESTED READING LIST

- Gisalakonpka (1963)- Social group work -A helping process New Jercy: Prentice Hal
- MS Gore (1969)- Social Work Education Asia publishing House.
- Gangrade K D (1971) Community organization in India, Popular Prakasahn, Bombay