

North East Institute of Social Sciences and Research

(NEISSR)

Paper: 501

Title: Fundamentals of Public Health

Semester Teaching Plan

Official Address: 7th Mile, Chümoukedima, Nagaland – 797103

Teaching Plan

- Course Summary
- Expanded Course Description
- Teaching and Evaluation
- Class Schedule and Reading

Course Summary

Paper Number: 501

Paper Title: Fundamentals of Public Health

Semester & Year: 5th Semester 2025

Instructors: Nlumpeule

Class hours: 1 hr

Class structure: 5 mins recapitulate, 45 mins class, 10 mins reflection

Course Description: The paper covers topic on public health and its multidimensional approaches. The paper aims to give students an insight on the need and evolution of public health in Indian context as well. It also touches upon various health policies and programs existing in India that help them to understand the structure and functioning of public health system in the country.

Course Objectives:

- 1) Understand the concept of public health and related terminologies.
- 2) Realize the evolution and structure of the public health system in India.
- 3) Identify the public health issues and needs facing the country and design Social Work interventions.

Teaching Methods: Teach back, lecture and discussion, recapitulation, demonstration, presentation and Q&A round, Quiz, practical exam.

Class Participation: Recapitulation, Q&A round, Teach back

Assignments and Evaluation

The criterion for evaluation of the course is as follow

• University Examination (External)	70 Marks
• Internal Assessment	30 Marks
1. Written Internal Test	20 Marks
2. Assignment	05 Marks
3. Class Participation and attendance	05 Marks
Total 100 Marks	

FACE SHEET/COVER PAGE OF THE ASSIGNMENT

Name of the student:

Semester and year: BSW 5th Semester

Paper No. 501

Paper Title: **Fundamentals of Public Health**

Category of assignment: Individual

Types of Assignment: Each student will be asked to write an assignment on different topics.

Assignment submission: 3^{0th} August

CLASS SCHEDULE AND READINGS

MONTH WEEK (Date July– December)

UNIT I): 16th July to 23rd July

UNIT II: 28th July to 13th August

UNIT III: 18th August to 30th August

Assignment presentation : 1st September to 3rd september

UNIT IV: 8th September to 24th September

UNIT V: 29th September to 18th october

October /November

- Revision
- Discussion on elected topics according to the suggestion of the students
- Evaluation and Feedback

SUGGESTED READING LIST

Ashton, J. and Seymour, H. (1988): The New Public Health. Philadelphia: Open University Press.

Breslow, L (2002): Encyclopedia of Public Health: New York, Macmillan

National Health Policy. New Delhi: Ministry of Health and Family welfare. (1983)

North East Institute of Social Sciences and Research
(NEISSR)

Paper: BSW502

Title: SOCIAL LEGISLATION

Semester Teaching Plan

Official Address: 7th Mile, Chümoukedima, Nagaland – 797103

Teaching Plan

- Course Summary
- Expanded Course Description
- Teaching and Evaluation
- Class Schedule and Reading

Course Summary

Paper Number: BSW 502

Paper Title: SOCIAL LEGISLATION

Semester & Year: Fifth, 2025

Instructors: Mr. Vivosü Kikhi

Class hours: 9:30 AM- 10:30 AM

Course Description:

- Social Legislation consists of five units. This course will help the students in understanding the processes in different legislations and develops skills for the same and also understand the legal systems and procedures of people welfare in India. The course is

designed to help the students to gain insight into the problems faced by women and children and remedial measures through legislation.

Course Objectives:

- To acquire knowledge about social reforms, and social legislation and critically understand their role in controlling the social problems.
- This course is to help learners understand the legal systems and procedures of people welfare in India.

Teaching Methods: Lecture, Lecture with Discussion, Recapitulation, Presentation, Teach back session, Group discussion, Question and answer session, Buddy system, Brainstorming, Debate, Book review, motivational talk, Mock interview etc.

Class Participation: Recapitulation, Presentation, teach back session, group discussion, Question and answer session, buddy system, brainstorming, debate, motivational talk and Mock interview, etc.

Assignments and Evaluation

The criterion for evaluation of the course is as follow

- | | |
|---------------------------------------|-----------------|
| • University Examination (External) | 60 Marks |
| • Internal Assessment | 40 Marks |
| 1. Written Internal Test | 25 Marks |
| 2. Assignment | 10 Marks |
| 3. Class Participation and attendance | 05 Marks |
| | Total 100 Marks |

FACEE SHEET/COVER PAGE OF THE ASSIGNMENT

Name of the student:

Semester and year: Fifth, 2025

Paper No. BSW502

Paper Title: Social Legislation

Category of assignment: Individual or Group

Types of Assignment

1. Research Project
2. Documentation
3. Role-plays/PPT presentation

Title of the Assignment

Name of the Course Teacher: Mr. Vizosü Kikhi

Date of Submission_____

CLASS SCHEDULE AND READINGS

July week 3,4 & 5 (Date 22 –31)

(UNIT-1)

- Concept, nature, scope of Social Legislation
- Social Welfare & Social Charge - Concepts of Social Justice - Social assistance - Social Security
- Directive Principles of State Policy

(UNIT-2)

- PIL and RTI– Advocacy
- Legal Aid concept, need and schemes
- Consumer Protection Movement, Consumer Court

August and September Week 1,2,3,4 & 5(Date 01-30)

(Unit 3)

- Social legislation relating to the physically, mentally & socially handicapped persons,
- Rights of SC/ST
- Legislations relating to the welfare of the children & women.

(Unit 4)

- Dowry prohibition act
- Immoral Trafficking Act
- Domestic Violence Prevention Act

October WEEK 1,2,3,4&5 (Date 1 –30)

(Unit 5)

- Legislation and Social Work
- Role of Social Worker in promoting Social Justice.

November

- Revision
- Discussion on elected topics according to the suggestion of the students
- Evaluation and Feedback

SUGGESTED READING LIST

- Agarwal. R.K, (2016) Indian Law, Central Law Agency, Allahabad
- Gangrade K.D, (1978), Social legislation in India, Impact Social Legislation on social change. Concept Publishing Company
- Social Legislation - Its role in social welfare - Government of India, New Delhi, Publication Division.

North East Institute of Social Sciences and Research
(NEISSR)

Paper: BSW503

Title: Social Entrepreneurship Development

Semester Teaching Plan

Official Address: 7th Mile, Chümoukedima, Nagaland – 797103

Teaching Plan

- Course Summary
- Expanded Course Description
- Teaching and Evaluation
- Class Schedule and Reading

Course Summary

Paper Number: BSW 503

Paper Title: Social Entrepreneurship Development

Semester & Year: Fifth, 2025

Instructors: Mr. Vivosü Kikhi

Class hours: 11:30 AM- 12:30PM

Course Description:

This course introduces students to the emerging and impactful field of social entrepreneurship, a dynamic discipline that combines innovation, compassion, and sustainability to address social problems. Social entrepreneurship is recognized as a key component of the third sector—distinct from the government and corporate sectors—and plays a crucial role in development through community empowerment, poverty alleviation, education, healthcare, and environmental sustainability.

The course begins by exploring the concept, types, and significance of social entrepreneurship. It highlights the distinctions and connections between social and business entrepreneurship, while also examining the relationship between NGOs and the state. Students will gain insights into how social entrepreneurs act as change-makers who balance social impact with entrepreneurial skills.

Through case studies of renowned social entrepreneurs like Ela Bhatt, M.S. Swaminathan, and Verghese Kurien, students will understand real-world applications and leadership in social enterprise. Further, the course delves into the characteristics of successful social enterprises, and the similarities and differences between social enterprises and non-profit organizations.

Practical aspects of social enterprise development are covered, including financial management strategies such as angel investing, accounting, auditing, and tax-related matters. Additionally, students are introduced to the principles of social marketing and how to effectively communicate and implement socially driven initiatives in culturally sensitive ways.

By the end of the course, students will be equipped with the knowledge, values, and competencies required to conceptualize, plan, and manage sustainable social ventures, and contribute meaningfully to social development through innovative and ethical practices.

Course Objectives:

1. To understand the concept and need of third sector in development.
2. To develop understanding about social entrepreneurship.
3. To get exposure to social enterprises.
4. To strengthen the competence in social entrepreneurship.

Teaching Methods: Lecture, Lecture with Discussion, Recapitulation, Presentation, Teach back session, Group discussion, Question and answer session, Buddy system, Brainstorming, Debate, Book review, motivational talk, Mock interview etc.

Class Participation: Recapitulation, Presentation, teach back session, group discussion, Question and answer session, buddy system, brainstorming, debate, motivational talk and Mock interview, etc.

Assignments and Evaluation

The criterion for evaluation of the course is as follow

• University Examination (External)	60 Marks
• Internal Assessment	40 Marks
1. Written Internal Test	25 Marks
2. Assignment	10 Marks
3. Class Participation and attendance	05 Marks
Total 100 Marks	

FACEE SHEET/COVER PAGE OF THE ASSIGNMENT

Name of the student:

Semester and year: Fifth, 2025

Paper No. BSW503

Paper Title: Social Entrepreneurship Development

Category of assignment: Individual or Group

Types of Assignment

1. Research Project
2. Documentation
3. Role-plays/PPT presentation

Title of the Assignment

Name of the Course Teacher: Mr. Vizosü Kikhi

Date of Submission_____

CLASS SCHEDULE AND READINGS

July and August week 3,4 & 5 (Date 22 –31)

(UNIT-1)

- Concept, definition and types of entrepreneurships and social entrepreneurship
- Need and importance of social entrepreneurship
- Networking between NGO and State

(UNIT-2)

- Social entrepreneurship vs business entrepreneurship
- Social entrepreneurs and social change – qualities and traits of social entrepreneurs
- Select case studies of Indian Magsaysay Award winners as social entrepreneurs – Ela Bhatt, M.S. Swaminathan, Verghese Kurien

September Week 1,2,3,4 & 5(Date 01-30)

(Unit 3)

- Concept, definition, importance of social enterprises
- Similarities and differences between social enterprises and non-profit organisations
- Types of social enterprises
- Case studies of Indian social enterprises

(Unit 4)

- Angel investors
- Accounting and book keeping
- Financial audit and reporting
- Income Tax

October WEEK 1,2,3,4&5 (Date 1 –30)

(Unit 5)

- Understanding social marketing – distinguishing social from commercial marketing
- Principles of social marketing
- Analysing social marketing environment – developing culturally sensitive interventions

November

- Revision
- Discussion on elected topics according to the suggestion of the students
- Evaluation and Feedback

SUGGESTED READING LIST

- Alex Nicholls (2006), *Social Entrepreneurship: New Models of Sustainable Social Change*, Oxford University Press
- David Bornstein (2007), *How to Change the World: Social Entrepreneurs and the Power of New Ideas*, Oxford University Press
- Fred Setterberg, Kary Schulman (1985), *Beyond Profit: Complete Guide to Managing the Non-Profit Organizations*, Harper & Row
- Gregory Dees, Jed Emerson, Peter Economy (2002), *Enterprising Non-Profits: A Toolkit for Social Entrepreneurs*, John Wiley and Sons
- Peter Drucker (1990), *Managing the Non-Profits Organizations: Practices and Principles*, Harper Collins

North East Institute of Social Sciences and Research
(NEISSR)

Paper: BSW 504

Title: SKILLS FOR SOCIAL WORK PRACTITIONER

Semester Teaching Plan

Official Address: 7th Mile, Chümoukedima, Nagaland – 797103

Teaching Plan

- Course Summary
- Expanded Course Description
- Teaching and Evaluation
- Class Schedule and Reading

Course Summary

Paper Number: BSW504

Paper Title: Skills For Social Work Practitioner

Semester & Year: BSW 5th Semester 2025

Instructors: Ms. Bokatoli Kinimi Z

Class hours: 1 Hr

Course Description:

This course provides a comprehensive outline of the skills that students will learn and practice throughout this course. It highlights the importance of developing essential life skills for effective social work practice, including communication, coping skills, interpersonal skills, decision making, problem solving , handling stigma & discrimination.

By focusing on self-awareness, self-care, stress management, effective communication, and cultural competence, this course aims to empower students to provide high-quality services while also prioritizing their own well-being.

Objectives:

- To help the student look into self as a person and a professional
- To enhance the personal qualities and capacities of the social work student
- To develop positive relationship skills of the student.

Outcome:

- Students are guided to become aware of themselves as a person and a professional
- Students are formed to further develop their qualities and capacities as social workers
- Students learnt positive relationship skills to be able to develop relationship with community people and individuals.
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Teaching Methods

Lectures, class room discussions, group discussion, Class activity, Role-play, PowerPoint presentations, Videos, recapitulation, question and answer round, presentations by the students & practical exam.

Class Participation:

Recapitulation, group discussion, group & Individual assignment, Question and Answer Round.

Assignments and Evaluation

The criterion for evaluation of the course is as follow

- | | |
|---------------------------------------|----------|
| • University Examination (External) | 70 Marks |
| • Internal Assessment | 30 Marks |
| 1. Written Internal Test | 20 Marks |
| 2. Assignment | 05 Marks |
| 3. Class Participation and attendance | 05 Marks |

Total 100 Marks

CLASS SCHEDULE

MONTH /WEEK

May Week IV - Unit 1: Basics of Life Skills

- Definition, Need and importance of Life Skills, Types of Life Skills

July Week IV - Unit 1: Basics of Life Skills

- Methods of imparting Life Skills. Self Esteem and Self Efficacy.

August Week III & IV- Unit 1: Basics of Life Skills

- Self-Awareness and empathy through SWOT Analysis, Johari Window.
- Positive Attitude towards oneself and others.

September Week I- Unit 2: Coping with emotions

- Emotional Intelligence & Empathy (Daniel Goleman).
- Handling Negative Criticism, Hurt feelings and Anger.

September Week II - Unit 2: Coping with emotions

- Mind- Body relationship-Promoting wellness through
 - Pranayama,
 - Yoga,
 - Meditation Exercises and Recreation.
 - Developing Spirituality and Life Purpose.

September Week III- Unit 3 : Thinking & Coping Skills

- Critical Thinking, Creative thinking, Problem Solving & Decision Making,
- Coping with Stress. Negotiation skills

September Week IV - Unit 4: Education

- Goal setting, Time Management, Study skills and memory techniques, Examination preparation. Career choice.
- Work Ethics- Reliability, Self-presentation, Personal responsibility, sustaining motivation in work.

October Week I - Unit 4: Education & Unit 5: Effective Communication & Interpersonal Skills

- Leadership skill, Team Work with colleagues, Enhancing team performance.
- Exploring peer relations, Handling negative peer pressure.

October Week II Unit 5: Effective Communication & Interpersonal Skills

- Managing relationship problems
- Responsible sexual behaviour.
- Handling stigma & discrimination. Assertive behaviour. Etiquettes and Manners

October & November

- Revision
- Discussion on elected topics according to the suggestion of the students
- Evaluation and Feedback

FACE SHEET/COVER PAGE OF THE ASSIGNMENT

Name of the Student:

Semester and year: BSW 5th Semester

Paper No. : BSW504

Paper Title: Skills For Social Work Practitioner

Category of Assignment: Individual

Types of Assignment

1. PPT presentation
2. Reflection

Title of the Assignment:

Name of the Course Teacher: Ms. Bokatoli Kinimi Z

Date of Submission: September Week- II

SUGGESTED READING LIST

1. Atkinson, Jacqueline. 1993. Better Time Management. New Delhi: Indus.
2. Bishop Sue, 1996, Develop Your Assertiveness, New Delhi: Kogan Page India Pvt. Ltd.
3. Clements Phil, 1998, Be positive, New Delhi: Kogam Page India Pvt. Ltd.
4. D' Souza Anthony, 1995, Leadership, Mumbai: Better Yourself Books.
5. Davar S. Rustom, 1996, creative Leadership, New Delhi: UBS Publishers Ltd.
6. Gupta Seema, 2001, Etiquette and Manners, Delhi: Pustak Mahal.
7. Haskins Hurt, 1995, Motivating People, Delhi, Pustak Mahal.
8. Iyengar, BKS. 2005. The Art of Yoga. New Delhi: Harper Collins.
9. Johnson David, Johnson P. Frank, 1982, Joining Together: Group Theory and Group Skills, New Jersey: Prentice- Hall Inc.
10. Lindenfield Gael, 1997, Assert Yourself, New Delhi: Harper Collins Publishers India Pvt. Ltd.
11. Lundlow, Ron & Fergus Panton. 1995. Effective communication. New Delhi: Prentice- Hall of India Private Ltd.
12. Maheswari, G.D. 2000. Complete Guide to Career Planning. New Delhi: s. Chand & Company Ltd.
13. McGrath, E.H., 1997, Training for Life and Leadership in Industry, New Delhi: Prentice Hall of India Pvt. Ltd.
14. Nelson, Richards & Jones, 1990, Human Relationship Skills, Mumbai: Better Yourself Books.
15. Pestonjee, D.M. 1999. Stress and Coping 2nd Ed. New Delhi: Sage Publications Ltd.
16. Rangnekar Sharu, 1996, In the World of Corporate Managers, Delhi: Vikas Publishing House Pvt.Ltd.
17. Sing, Dalip. 2006. Emotional Intelligence at work 3rd Ed. New Delhi: Response Books.
18. Stogdon, Chris & Robin, Kiteley. 2010. Study Skills for Social Workers. New Delhi: Sage Publications Ltd.
19. Sudha, Datar. 2010. Skill Training for Social Workers. New Delhi: Sage Publications Ltd.
20. Vas S.R. Luis, 2001, Discover the power of your Inner Self, Mumbai: Better Yourself Books.

**NORTH EAST INSTITUTE OF SOCIAL SCIENCES AND RESEARCH
(NEISSR)**

Peace Centre, 7th Mile, Chümoukedima- Nagaland – 797103



Semester Teaching Plan

Paper Code: BSW 505

TITLE: SOCIAL WORK RESEARCH – I

Teaching Plan

- Course Summary
- Expanded Course Description
- Teaching and Evaluation
- Class Schedule and Reading

Course Summary:**Paper Number: Paper Code: BSW505****Paper Title: Social Work Research – I****Semester & Year: BSW SEM- V****Instructors: Dr. Toli H. Kiba, Assistant Professor****Class hours: 1.10- 02-10 pm**

Course Description:

Social Work Research is focused on giving students a good understanding of how research is utilized within the profession of social work to address everyday lived problems. This course will provide students with an introduction to the basic constructs of research, i.e., research terms and definition, research purpose, and how research is relevant to social work practice. Students will learn about the differences between various types of research approaches, both qualitative approaches and quantitative approaches, as well as basic processes for planning and designing a study. Moreover, the course will cover sampling schemes, data collection instruments such as surveys or interviews, and analyzing and interpreting the data. This course includes basic statistics, means, medians, correlations, etc., and the use of statistical tools within SPSS. Students will learn how to conduct small surveys, to analyze data, and to write reports on a range of research projects. Therefore, this knowledge will assist students in becoming solid contributors to research teams working in government or non-government.

Course Objectives:

- To understand the problems of urban community
- To know about urban local self-government and its types
- To understand the local self-administration of rural development and various development agencies working for rural development
- To learn about community development programmes in India and policies

Outcomes

- Better understanding of the urban governance and development issues
- Capable to work for community empowerment by initiating community-based awareness campaigns and advocacy activities

- Ability to promote the community by availing government program and schemes for rural development.
- Enhanced understanding of village governance, power structure, and the nature of community.

Teaching Methods:

<u>Primary Methods</u>	<u>Optional Methods</u>
Recapitulation	Survey
Lecture	Story telling
Teach back session	Project writing
Panel discussion	Mapping
Brainstorming	Article review
Group discussion	Buddying and grouping
Report back session	
Case study method	
Poster presentation	
Guest speaker	

Class Participation:

Assignments and Evaluation

The criterion for evaluation of the course is as follow

- | | |
|---------------------------------------|-----------------|
| • University Examination (External) | 70 Marks |
| • Internal Assessment | 30 Marks |
| 1. Written Internal Test | 20 Marks |
| 2. Assignment | 05 Marks |
| 3. Class Participation and attendance | 05 Marks |
| | Total 100 Marks |

FACE SHEET/COVER PAGE OF THE ASSIGNMENT

Name of the student:

Semester and year:

Paper No.

Paper Title:

Category of assignment: Individual and Group

Types of Assignment

1. Group Presentation
2. Field Visit and documentation
3. Role-plays

Title of the Assignment:

Name of the Course Teacher:

Name of the Student/s

Date of Submission _____

CLAS SCHEDULE AND READINGS

Unit	Month: May 2025	Week: 4	Date: 26-31
Unit I: Introduction to Social Work Research	1. Concept, meaning and nature of research 2. Social Work Research vs Social Research 3. Group Discussion and sharing		
	Month: June 2025	Week: 1	Date: 2&3
	1. Research as a method of Social Work 2. Ethical issues in research 3. Group Discussion and sharing		
Unit II: Approaches, Research Design, and Research Process	Month: July 2025	Week: 3	Date: 17- 18
	1. Quantitative vs Qualitative research 2. Types of research design: exploratory, descriptive, diagnostic, experimental		
	Month: July 2025	Week: 4	Date: 21-23
	1. Research problem, objectives, hypothesis 2. Activity- Formulate research problem, objectives and hypotheses, Review published research papers		
Unit III: Sampling Methods, Data Sources & Tools of Data Collection	Month: July 2025	Week: 5	Date: 28-30
	1. Probability and non-probability sampling 2. Universe, study population, sample size		
	Month: August 2025	Week: 1	Date: 4-6
	1. Sources: primary and secondary 2. Tools: questionnaire, interview, observation 3. Practical: Proposal writing, Design a simple questionnaire 4. Peer activity: Conduct an interview		
	Month: August 2025	Week: 2	Date: 11-13
Unit IV: Data Analysis and Processing	1. Editing, coding, classification 2. Tabulation, frequency distribution, Charts and graphs		
	Month: Aug 2025	Week: 3	Date: 18-20
	1. Report writing and interpretation		

Unit V: Importance of Statistics in Social Work Research	Month: Aug 2025	Week: 4	Date: 25-27
	1. Mean, Median, Mode 2. SD- Correlation: Pearson, Spearman		
	Month: Sept 2025	Week: 1	Date: 1-3
	1. SPSS Introduction (data entry, frequency, charts) 2.		
	Month: Sept 2025	Week: 2	Date: 8-10
	1. Lab: SPSS practice sessions 2. Class Task: (data entry, frequency, charts)		
	Month: Sept 2025	Week: 3	Date: 15 onwards
	Proposal presentations		

Suggested Readings

1. Ahuja Ram. (2003). Research Methodology: Methods and Techniques. Jaipur: Rawat Publication.
2. Alston, M. Bocoles, W. (2003). Research for social workers: An introduction to methods. Jaipur: Rawat Publications
3. Andrews, Richard. (2005). Research questions. London: Continuum
4. Babbie, E. (ed) (2004). The practice of social research, Thomson Wadsworth, Belmont (USA).
5. Denzin, N.K., Lincoln, Y.S. (ed). (1994). Handbook of qualitative research. New Delhi: Sage Publications.
6. Gupta. S.P. (1985). Statistical Methods. New Delhi: Sultan Chand & Sons Publishers
7. Kidder, Louise H. (1981) Research Methods in Social Relations, New York: CBS
8. Kothari, C. R. (2004) Research Methodology: Methods & Techniques. New Delhi: New age International Publishers
