

NORTH EAST INSTITUTE OF SOCIAL SCIENCES & RESEARCH
CHUMOUKEDIMA, NAGALAND
BACHELOR OF SOCIAL WORK (BSW)



CONSOLIDATED REPORT
BACHELOR OF SOCIAL WORK (BSW Batch 2022 – 2025)
February 2-14, 2025

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Introduction

A study tour is a unique learning experience that goes beyond traditional classroom education, offering students the opportunity to engage with real-world environments related to their field of study. By stepping outside the academic setting, students can directly observe, analyse, and interact with professionals, organizations, and communities, gaining firsthand knowledge that deepens their understanding of key concepts. These tours are designed to bridge the gap between theoretical learning and practical application, helping students develop critical thinking, problem-solving skills, and a more comprehensive perspective on their subjects.

For students pursuing social work, exposure to different social settings and intervention programs is essential. With this objective in mind, the Bachelor of Social Work (BSW) 6th Semester students embarked on an enriching study tour to Mumbai from February 2nd to February 14th, 2025, under the theme **“Learning Beyond Borders.”** This tour aimed to provide hands-on experience and direct exposure to diverse social work practices, enhancing both academic knowledge and personal growth.

Throughout the tour, trainees had the opportunity to visit various organizations, interact with professionals working in the field, and engage with communities facing different social challenges. These experiences helped broaden their understanding of social work dynamics in an urban setting, highlighting different approaches to addressing societal issues. Additionally, the tour included visits to cultural landmarks, allowing students to appreciate the historical and social context of the communities they were studying. This immersive experience was not only educational but also transformative, equipping trainees with the skills and insights necessary for their journey toward becoming competent social work professionals.

Objectives:

- i. Analyze how religious and charitable institutions provide integrated services for marginalized groups, including people with disabilities, elderly individuals, and children in need.
- ii. Assess the impact of specialized centers like Vimala Dermatological Centre in providing medical, psychological, and social support to individuals affected by leprosy and other health conditions.
- iii. Study how organization like Kripa Academy equip individuals with vocational skills for self-sufficiency and economic independence.

- iv. Understand how institutions like Bal Bhavan and Jivan Asha offer shelter, education, and emotional support to children and elderly individuals fostering community integration.
- v. Identify the influence of religious values and ethics in shaping charitable hospitality, community service initiatives, and sustainable welfare programs.

DAY 1

On 2nd February 2025, at 03:40 AM, the Bachelor of Social Work (BSW) commenced their study tour to Mumbai. A batch of 20 trainees, accompanied by faculty member Dr. Lily Sangpui, embarked on this journey with enthusiasm. The



tour aimed to facilitate experiential learning, provide practical exposure, and encourage exploration.

DAY 2



On February 4, 2025, at 10:30 PM, the trainees of the Bachelor of Social Work (BSW) program arrived in Mumbai for their study tour.

On the following day, February 5, the trainees began their day with an orientation and introduction program at the House of Charity. This session provided them with valuable insights into the organization's

mission, vision, and values, helping them understand its purpose and the work it carries out.

The **House of Charity** is located in Mumbai, Versova. House of Charity provides family to those with disability. The house started in 1980 to look after those rejected by the society in a quite place. The congregation has 14 members working in India, operating two houses in Mumbai and two in Kerela, southern India. Seven of them work in Versova house. Four postulants and two girls also stay in the house. Fr. Mario Prandi along with pioneer members came to India in 1980 to open the house on the campus of Our Lady of Health Church, Versova.

After the introduction, the trainees took a guided tour of the facility and had the opportunity to interact with both the children and staff members. This interaction allowed the trainees to learn firsthand about the experiences, challenges, and daily operations of the organization.



The day concluded with a rosary session, offering a peaceful and reflective experience for the trainees. To wrap up the day, an evaluation session was conducted, where the trainees discussed their key learnings, observations, and reflections from their first day at the House of Charity.

DAY 3



On the 6th of February 2025, the 6th-semester trainees of the Bachelor of Social Work (BSW), along with Sr. Caroline and Sr. Helena from the House of Charity, visited the **Vimala Dermatology Centre**. Upon arrival, the staff welcomed us warmly and guided us on a tour of the center, giving us the opportunity to observe the environment and interact with the patients.

After the tour, we had an interactive session led by Phongngam, the Convenor. The session started with introductions, followed by a Q&A session that allowed us to learn more about the Centre's work and the challenges faced by those receiving care. The session concluded with a heartfelt vote of thanks by Sr. Shaidaris.

Later, we returned to the dorm and took some time to practice songs and dances.

This was followed by a prayer session at the House of Charity. Afterward, we had a wonderful time playing with the children, enjoying fun activities that brought smiles to everyone's faces.

In the evening, we shared dinner together and then engaged in recreational activities with the children. To wrap up the day, we gathered for an evaluation session, reflecting on our experiences and the impact of the visit.

DAY 4

On the 7th of February 2025, the students of the BSW 6th Semester, accompanied by our supervisor Dr. Lily Sangpui, Sr. Caroline, and Sr. Helena from the House of Charity, visited the Helpers of Mary Organization. Society of the Helpers of Mary is a charitable organization dedicated to serving marginalized and underprivileged communities, particularly women and children. Mother Anna Huberta Roggendorf was the founder. Nine young women joined, other Anna Huberta being inspired by her noble work in 1942 and they were called "Helpers of Mary" The organization focuses on education, healthcare, and social welfare, operating orphanages, vocational training centers, and shelters for women in distress.

The organization has three sub-branches:



BAL BHAVAN (A HOME FOR GIRLS)



One of the first Care homes for Children is situated here. The home was started in 1972 with 10 orphan children. The resident was originally built with the help of our benefactor. As of today, more than 5000 children found a home and have transformed themselves after the completion of their studies. The home accommodates girls between the ages of 5-18 years.

CONTACT: 0091(0)22/26761745

JIVAN ASHA (A HOME FOR THE AGED)



This was the pioneer effort of the Society to care for the needy senior citizens. The home was established in 1971, in a tin shed. Now it shelters 50 senior citizens who are bedridden and helpless, coming from all sections of society.

CONTACT: 0091(0)22/26766758

KRIPA ACADEMY FOR SKILLS



The Kripa Academy for Skills; this centre established to provide vocational training for poor school dropout schools and poor families like Para-medical, para-legal, computer, beautician, home science, tailoring etc. It enables to fetch a decent earning and built their self-respect and confidence.

The trainees, along with the supervisor and the sisters from the House of Charity, visited these three branches and interacted with both the children and the staff.

In the afternoon, the trainees visited Versova Beach in Mumbai, where they took some time to relax and reflect on their experiences from the day. They returned home at 4:30 PM and resumed their assigned duties at the House of Charity, assisting with daily tasks and

supporting the residents. The day concluded with an evaluation and reflection session, allowing everyone to share their thoughts and insights from the visit.

DAY 5

On the 8th of February 2025, the 6th semester trainees of the Bachelor of Social Work (BSW), along with Sir Peter, Sister Carolina and Sister Helena undertook an educational field visit

The schedule included:



Bandra Worli Sea Link

The Bandra–Worli Sea Link (officially known as Rajiv Gandhi Sea Link) is a 5.6 km long, 8-lane wide cable-stayed bridge that links Bandra in the Western Suburbs of Mumbai with Worli in South Mumbai. It is the second longest sea bridge after Mumbai Trans Harbour Link, as well as the 5th longest bridge in India after Mumbai Trans Harbour Link, Bhupen Hazarika Setu, Dibang River Bridge and Mahatma Gandhi Setu. It contains pre-stressed concrete-steel viaducts on either side. It was planned as a part of the proposed Western Freeway that would link the Western Suburbs to Nariman Point in Mumbai's main business district, but is now planned to become part of the Coastal Road to Kandivali.



The Taj Mahal Palace

The Taj Mahal Palace, or Taj Hotel, is a historic luxury hotel in Mumbai, near the Gateway of India. Built by Jamsetji Tata in 1903, it symbolizes Indian heritage and elegance. Known for its stunning architecture and world-class hospitality, it has hosted global leaders like Barack Obama and Bill Clinton. In 2008, it was a target of the Mumbai attacks, suffering major damage but was

restored and reopened in 2010, showcasing resilience. Today, it remains one of India's most prestigious hotels, blending history with modern luxury.

Gateway of India



heritage and colonial history.

The Gateway of India is one of Mumbai's most iconic landmarks, located on the waterfront in Colaba. Built in 1924 to commemorate the visit of King George V and Queen Mary to India, it is a grand Indo-Saracenic arch overlooking the Arabian Sea. This historic monument has been a witness to key events, including the departure of British troops in 1948, marking the end of British rule in India. Today, it is a popular tourist attraction, offering stunning views, ferry rides to Elephanta Caves, and a vibrant atmosphere with street vendors and photographers. Standing near the Taj Mahal Palace Hotel, the Gateway of India remains a symbol of Mumbai's



Hanging Garden

The Hanging Gardens of Mumbai, or Pherozeshah Mehta Gardens, are terraced gardens on Malabar Hill with scenic views of the Arabian Sea. Built in 1881, they feature lush greenery, animal-shaped hedges, and walking trails. The gardens sit atop a water reservoir supplying Mumbai. A key attraction is the **Boot House**, inspired by the nursery rhyme "There was an old woman who lived in a shoe," making it a

fun spot for kids. The gardens offer a peaceful escape from the city's hustle.



Mount Mary Church

Mount Mary Church, also known as the Basilica of Our Lady of the Mount, is a famous Roman Catholic church in Bandra, Mumbai. Overlooking the Arabian Sea, it is known for its beautiful architecture and spiritual significance. The church attracts thousands of devotees, especially during the annual Bandra Fair in September, celebrating the Feast of Our Lady of the Mount. It is believed to have healing powers, drawing people from all faiths. The serene location and stunning views make it a popular place for prayer and reflection.



Infiniti Mall

Infiniti Mall is a chain of shopping malls in India. It is a subsidiary of K Raheja Realty, which has been in the business of construction and property development since the 1960s. The first Infiniti Mall opened in 2004, in Andheri, Mumbai. This is the third oldest shopping mall in Mumbai. Infiniti Mall launched their second property in Mumbai, at Malad, in May 2011.

DAY 6

On the February 9th 2025, was a fulfilling day at the House of Charity. We began with a wake-up call and breakfast, followed by helping out at the charity house. We then dressed up for the Holy Mass service, after which we took a short nap. Later, we had snacks at the charity house and spent time feeding the children. After a short break, we assisted with cleaning and feeding the children again. We ended the day with dinner and an evaluation session to reflect on our experiences and learnings.



Cherished moment of playtime with the children of the House of Charity.



A heartwarming evening dining with the sisters and children of the House of Charity.

DAY 7

On the 10 February 2025, the day started with a wake-up call, followed by breakfast. Afterward, the students were divided into groups for house cleaning, while the remaining students were assigned to assist at the House of Charity. After lunch, the students continued their work at the House of Charity. Later in the evening, the BSW students conducted an entertainment and cultural event, where they showcased traditional folk song, music, and dances, bringing joy to everyone's presence. The event fostered a sense of togetherness and appreciation for cultural diversity, concluding the day's activities on a joyful and memorable note.



Bringing joy and celebration by organizing a Cultural and Entertainment Night at the House of Charity.

DAY 8

On the last day i.e. 11th February 2025, was an emotional and memorable day. We began with breakfast and spent time helping the children at the House of Charity. Next, we visited Prem Nidhi Special School, where we met the children and staff, observed class activities, and purchased handmade items made by the children. In the evening, we helped the children again and had a heartfelt Thanksgiving program, where we presented gifts to the children and sisters. The children also surprised us with parting gifts. We concluded the day with a bonfire, dances, and cherished our last moments together before departing from the House of Charity at 11:35 PM.



A wonderful experience visiting the Prem Nidhi Special School.



Ending the day with a bonfire alongside the sister and the amazing House of Charity team.

Observation

- i. The children demonstrate a strong sense of responsibility and care.
- ii. They not only care for one another but also provide encouragement and support, fostering a nurturing and inclusive environment.
- iii. Despite medical advancements, people affected by leprosy still face discrimination and exclusion from mainstream society.
- iv. The House of Charity is dedicated to helping the underprivileged, providing shelter, foods and medical aid to those in need.

Learnings

- i. Effective communication is key to avoiding miscommunication and confusion.
- ii. Development of empathy and compassion through interactions with marginalized communities.
- iii. Early detection of leprosy is very important. If not treated in time, it can damage nerves and may cause disabilities.
- iv. Never look down on someone for being weak. Be kind, appreciate them, and help as much as you can.
- v. Learnt how religious organizations play a crucial role in providing care and support to marginalized communities.
- vi. Community programs can support people who feel left out and help them find their place in society again.

Challenges

- i. Adjusting to a new schedule.
- ii. Miscommunication among team members led to confusion and delays.
- iii. Changes in plans caused uncertainty and adjustments.
- iv. Crowded trains and unfamiliar environments added to the challenge.
- v. Delayed food timings caused inconvenience and disrupted schedules.

COMMITTEE WISE PHOTO GALLERY

Faculty In Charge



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Convenor



Mr. Phongngam Phom

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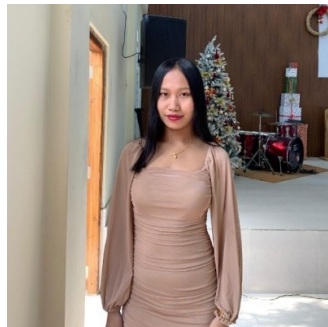
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GLIMPSE OF STUDY TOUR 2025



(First): House of Charity, (Second): Vimala Dermatological Centre Leprosy Home, (Third): BAL BHAVAN[A Home for Girl], (Fourth): Jivan Asha [A Home for the Aged], (Fifth): Kripa Academy for Skills, and (Sixth): Prem Nidhi Special School.



(First): The Taj Mahal Palace, (Second): The Gateway of India, (Third): Versova Beach, (Fourth): Holy Mass Service, (Fifth): An evening of Cultural and Entertainment with the House of Charity, and (Sixth): Arrived in Dimapur.

Conclusion

The study tour to Mumbai was an eye-opening and transformative experience that left a lasting impact on all participants. Staying at the House of Charity, we had the unique opportunity to interact with individuals with different abilities, learning from their resilience, strength, and unwavering optimism. Their stories and experiences were truly inspiring, reinforcing the values of empathy, inclusion, and mutual respect. Throughout our journey, we visited several social welfare institutions, including Vimala Dermatological Centre (Leprosy Home), Bal Bhavan (A Home for Girls), Jivan Asha (A Home for the Aged), and Kripa Academy for Skills. Each of these organizations is dedicated to improving the lives of the underprivileged, and our interactions with the residents, caregivers, and administrators deepened our understanding of social service, community care, and the power of compassion. Witnessing the impact of their efforts firsthand was both humbling and motivating, encouraging us to contribute meaningfully to society in our own ways.

Beyond our engagement with social organizations, we explored Mumbai's cultural and historical landmarks. Versova Beach, The Taj Mahal Palace, The Gateway of India, Hanging Garden, Mount Mary Church, and Infiniti Mall provided us with a diverse experience of the city, from its rich heritage and religious significance to its modern urban life. These visits not only expanded our knowledge but also allowed us to appreciate Mumbai's dynamic spirit and resilience.

One of the most cherished aspects of this tour was the time spent with children from different organizations. Their laughter, enthusiasm, and aspirations left an indelible mark on us, reminding us of the importance of nurturing young minds with love, education, and opportunities for a brighter future. Additionally, witnessing the selfless efforts of religious organizations in providing shelter, education, and basic necessities to the underprivileged was truly inspiring. Their commitment to serving humanity with compassion and dedication left a profound impression on us, reinforcing the significance of collective efforts in addressing social issues.

In conclusion, this study tour was not just a journey across Mumbai but a journey of learning, self-discovery, and personal growth. It deepened our awareness of social realities, broadened our perspectives, and reinforced our sense of responsibility toward creating a more inclusive and compassionate society. The memories, lessons, and connections we made will continue to inspire us, shaping our future endeavours and commitment to meaningful change.