



**Skill-Me Programme inaugurated at NEISSR
7th Mile, Chümoukedima-797103, Nagaland
Venue: Peace Centre**

While inaugurating the Skill Me Programme organized by IQAC at North East Institute of Social Sciences and Research (NEISSR) on the 1st October 2022, Rev. Dr. Fr. C.P. Anto Paul, Principal NEISSR pointed that Nagaland is being such a small state hardly with 19 lakhs population and around 60% youth in it can easily manage them to employ if there is proper planning and collaboration with colleges, Govt. and non-government organizations of the state and our youth need to be re-calibrated and trained to be empowered with employability skills. All our colleges in the state need to be focused to combat this menace of unemployment issues in collaboration with government and higher education institutions with other employing sectors in the state, said Fr. Anto while launching the Skill Me Programme at NEISSR.

He stressed on the importance of imparting theoretical knowledge we need to stress on life skills education as this can transform the individual, organizations and society at large into value and skill based society. He further stated that today's system of education which focuses on academic achievement needs to be restructured to incorporate life skills that will help youths not just to survive but to thrive in a competitive world.

Highlighting on the skills needed in 21st century, Fr. Lawrence Khing, the vice principal of NEISSR emphasized on developing and acquiring ten basic life skill viz., listening skills, effective communication skills, leadership skills, interpersonal skills, relationship management skills, planning and organizational skills, decision making skills, multiple intelligence skills, results orientation mindset, media based skills and competitive skills.

Speaking on the occasion as special guest Rev. Sr. Pramila Lobo, the Director of ACID, mentioned the need for social workers to develop their communication skills as they deal with humans and their problems. She cited examples from various experiences where employing effective communication skills help solved problems. Effective communication skills as such are vital for social workers who deal constantly with the diverse and complex nature of human beings.

Mr. Stephen Gangmei, Asst. Professor NEISSR and Mr. Vincent Anthony Neikha, counselor at Shalom were resource persons during the training programme. Mr. Stephen Gangmei spoke on organization communication was shared by Mr. Stephen Gangmei Assistant, Professor NEISSR where he spoke organization communication. Mr. Vincent Anthony Neikha, a counselor at Shalom Rehabilitation Centre who had more than 20 years of experience highlighted the kinds of communication skills required specifically when working in rehabilitation centre. He trained both MSW and BSW students on Rational Emotive Therapy (RET), a kind of therapy employed

in de addiction centres. He emphasized the need to educate and create awareness on seeking professional help in helping people come out clean from substance abuse.

As an action plan, the institute Skill Me department has decided to develop various employability skills on Saturdays to develop holistic development of students of Bachelor of Social Work BSW and Master of Social Work respectively. The programme ended with a vote of thanks by Miss Juli,

Photos of Skill-Me Programme



Fr. Dr. CP Anto with resource persons and students during the inauguration of 'Skill Me Programme' at NEISSR, Dimapur, on October 1.