

**DAILY LESSON PLAN**  
**North East Institute of Social Sciences & Research (NEISSR)**  
**SEMESTER – III**  
**Course No: SYD 305**  
**Papers Title: Growth and Development of Youth**

Date: 10-08-21		
Class No: 05	Class hour: 1 hour	Duration: 45 Minutes
UNIT: I	Demographic Profile of Indian Youth	
<b>Key concepts:</b> As per NYP, 27.3% of Indian Population are youth. So, it is very important to understand the profile of Indian Youth.		
<b>Objectives:</b>		
The main objective of this class are given below – 1. To understand the profile of Indian Youth.		
<b>Brief Teaching Plan:</b>		
<b>Brief Profile of Indian Youth (Continued...):</b>		
<b>Marriage profile:</b> <ul style="list-style-type: none"><li>• Half of women and almost one in five men age between 15 – 24 years are currently married.</li><li>• About 2% of youth are married but their gauna has yet to be performed and a very small proportion (1% of women and 0.3% of men) have experienced a marital disruption.</li></ul>		
<b>Youth household profile:</b> <ul style="list-style-type: none"><li>• 1% of women and 8% of men age 15-24 years are household heads.</li><li>• Youth in households headed by youth are poorer than youth from households headed by someone who is older.</li></ul>		
<b>Menstrual cycle profile:</b> <ul style="list-style-type: none"><li>• A large proportion of youth, both women and men, are not aware that a woman is fertile only during specific days in her menstrual cycle. Only 5% of women age 15 – 19 and 14 percent age 20 – 24 knows that a woman is fertile only during the middle of her menstrual cycle.</li></ul>		
<b>Family planning profile:</b> <ul style="list-style-type: none"><li>• Only 65% of women and 84% of men have heard or seen a family planning message on TV, radio, wall paintings, or in newspapers/magazines.</li><li>• 93% of women know of female sterilization. 83% knows about pills and 71% each knows about IUDs and condoms.</li><li>• 93% of men know about condoms but only 78% know about pills, and 37% know about the IUD.</li><li>• Only 8% of women and 15% of men know about emergency contraception.</li><li>• Most of the youth desire a small family (two or fewer children).</li><li>• Like many Indians, youth in India also show a preference for sons.</li></ul>		

- More than one-third of men do not know that a woman who is breastfeeding can become pregnant.
- 39% of female youth either have a child or are currently pregnant.
- Youth fertility accounts for more than half of India's total fertility.

#### **HIV/AIDS:**

- About two-third of women and 88% of men have heard of AIDS.
- Three out of four men know that the risk of HIV/AIDS can be reduced by condom use and by limiting sex to one uninfected partner; however, less than half on women know about these means of HIV/AIDS prevention.
- Only 20% of women and 36% of men have comprehensive knowledge about HIV/AIDS, i.e., they have correct knowledge of all the ways of transmission and prevention of the infection.
- In many states, less than one-half of women have heard of AIDS.

#### **Methods**

- Recap method: repeating the previous session.
- Brief discussion by the students on the topic.
- Experiential learning method involving faculty and students interactions.
- Brainstorming.

#### **Teaching-Learning Material requirements:**

- Virtual class through zoom

#### **Time management: 45 Minutes**

##### **First 5 minutes:**

Recap of previous day.

##### **Next 35 minutes:**

Experiential learning method.

##### **Next 5 minutes:**

Brainstorming.

#### **Overall Activities in the Class Room**

##### **Activity-1:Recap of previous session:**

The student will be asked simple questions to complex questions to understand the level of understanding of their previous class.

##### **Activity-2:Experiential Learning:**

Experiential learning on the topic i.e., Profile of Indian Youth. Session will be continued for 35 minutes.

##### **Activity-3:Brainstorm on the key concepts:**

Which is also an interactive session. Faculty is expecting few questions from student side. Faculty will also ask some questions to brainstorm students and their thinking process.

**Next Day Topic: Youth as a Transitional Phase & Social Construct**

#### **Dual faculty system**

<b>Planned:</b>	No.					
<b>Reason:</b>						
<b>Name of the second faculty:</b>	N/A					
<b>Attendance (Tick mark)</b>	<b>Not Planned</b>					
<b>Reason for absence</b>						
<b>Whether any contributions made</b>						

<b>/Inputs given during the class?</b>	
<b>Suggested Readings:</b>	
<ol style="list-style-type: none"> <li>1. Chiranjib Boruah. (2018). Nibandhana: bingding thoughts. Dibrugarh: Ramdhenu Printing.</li> <li>2. Ministry of Youth Affairs and Sports. (2014). National Youth Policy. India: Government of India Report.</li> </ol>	