

DAILY LESSON PLAN
North East Institute of Social Sciences & Research (NEISSR)
SEMESTER – III
Course No: SYD 305
Papers Title: Growth and Development of Youth

Date: 02-08-18		
Class No: 01	Class hour:	Duration: 45 Minutes
UNIT: I	Concept of Youth and Characteristics.	
Key concepts: Worldwide, youth are categorized with different age groups. In India, youth are considered those people who belongs to the age group of 15 – 29 years. Youth are fearless group, they can take risks too. Youth are adventurers and open minded. Characteristics also involved the decision making capacity of youth.		
Objectives: The main objective of this class are given below – 1. To understand the concept and meaning of youth, and 2. To understand the characteristics of youth.		
Brief Teaching Plan:		
Concept of Youth: <ul style="list-style-type: none">- Youth is the time of life when one is young, and often means the time between childhood and adulthood. Youth is a more fluid category than a fixed age-group.- The definition of youth varies country to country. United Nations defines ‘youth’ as persons between 15 and 24 years of age. In sub-Saharan Africa, the term "youth" is associated with young men from 15 to 30 or 35 years of age. Youth in Nigeria considered the age between 18- 35 years. In Brazil, the term youth refers to people of both sexes from 15 to 29 years old.- In India, in the National Youth Policy-2003, ‘youth’ was defined a person of age between 13-35 years, but National Youth Policy – 2014 defines youth between the age of 15 – 29 years.- Youth in the age group of 15-29 years comprise 27.5% of the population.		
Characteristics of Youth: <ul style="list-style-type: none">- Fearless as a group: Most of the time youth are found as fearless. Youth likes to stay in group and this makes them fearless. For any kind of problem, youth comes forward and tries to take their charge for problem solving.- Risk takers: Youth are in general brave and likes to take risk.- Society's many rules do not disrupt their composure: Youth loves free atmosphere without any hurdle. Sometimes, in society there are certain rule which may restrict proper functioning of youth and others. But, the nature of youth is different and they look things in different ways and so sometimes do not bother about the rule which society tries to impose.- They are adventurous: You are also adventurous in nature. They like to stay in a group and try to share everything among themselves. Youth loves fun and having a sense of positive spirit enables them in the direction of positive wheel power.- Open minded: Youth loves to share their knowledge that they achieved from their practical experiences. Their thinking is also broad and tries to impose their thinking		

to others for certain improvement. Youth leads to less conflict because of their open minded thinking.

- Independent to take decision: Decision making process is very difficult. In childhood, parents generally makes decision but when these child turns to youth, they likes to take their own independent decision without any others involvement. Youth is a stage where people prefer to take decisions about their education, love affairs, employment, and other areas of development.
- Age of consent: Most of the time, it has been found that youth approaches towards informed consent from others. For example consent during any sexual activity with partners.
- Leadership development: Youth experiences several issues which in turn makes them fit to take proper leadership to deal with such situations.

Methods

- Experiential learning method involving faculty and students interactions.
- Brainstorming.

Teaching-Learning Material requirements:

- Virtual class through zoom

Time management: 45 Minutes

Next 35 minutes:

Experiential learning method.

Next 10 minutes:

Brainstorming.

Overall Activities in the Class Room

Activity-1: Lecture by the faculty member:

Experiential learning on the topic i.e., concept and characteristics of youth. Session will be continued for 35 minutes.

Activity-2:Brainstorm on the key concepts:

Which is also an interactive session. Faculty is expecting few questions from student side. Faculty will also ask some questions to brainstorm students and their thinking process.

Dual faculty system

Planned:			No			
Reason:						
Name of the second faculty:			N/A			
Attendance (Tick mark)	Not Planned					
Reason for absence	NA.					
Whether any contributions made /Inputs given during the class?						

Suggested Readings:

1. Jones, G. (2009). *Youth*. Polity Press: UK.
2. Ministry of Youth Affairs and Sports. (2014). National Youth Policy. India: Government of India Report.